



Roding Valley HIGH SCHOOL

“Our vision is to be the school of choice for our local community, developing successful young people with high **aspirations**, who show **respect** for all and **endeavour** to become the very best that they can be.”

RVHS Bulletin

Weekending Friday 15th October 2021

Dear Parents and Carers,

I trust that everyone is keeping well.

Students' last day in school is **Wednesday 20th October finishing at 3pm**. All students return to school at the normal time **Tuesday 2nd November**. [Term Dates 2021/22](#) Please also note that the school is closed for an additional day, Friday 27th May 2022, which is attached to the summer half term break. This is in recognition of the additional National Bank Holiday for the Queen's Golden Jubilee. However, at this time of year, both the Year 11 and 13 students will be on study leave and there will be GCSE/ A levels External examinations scheduled. These national examinations will be going ahead and are set nationally; Year 11 & 13 students should avoid taking any holidays at this time.

The last two weeks have been very busy in school, with lots of educational visits, extra-curricular activities and our digital learning days taking place. We were fortunate enough to be visited by a couple of excellent external companies that delivered sessions to many of our students on social, cultural and moral themes; one such example being the 'Consequences' showcase delivered by the Epping Forest District Council. It's also been wonderful to see so many of our extra-curricular clubs back up and running; with a couple of new clubs arriving on the scene this academic year.

We are also looking forward to the Duke of Edinburgh's Silver Award Practice Expedition next week which will involve a group of Year 10 students. It represents a great opportunity for our students to be out on a three day and two night trip which will involve camping out in the Chilterns. The expeditions are just one aspect of the Award which also include Volunteering, developing a Skill, and Physical - improving in an area of sport or fitness. The various activities should be completed during the course of the year and students will be assessed as they progress in order for them to receive the Award. The 'Bronze Award' for Year 9 students and the 'Gold Award' for Year 12 students will be launched shortly and we are already anticipating keen interest by the students in these year groups.

We have also had lots of 'digital learning' taking place in our classrooms over the last two weeks. Many of our teachers have been using innovative, digital activities in their lessons to be able to provide feedback to our students and use creative assessment tools. More information about our digital learning weeks can be found later on in this bulletin.

RVHS House Point Score Board



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Our internet provider is the London Grid For Learning - DigiSafe. This platform supports our school community's online safety and it monitors and blocks any inappropriate material which students may try to access whilst in school. It is one of the largest digital platforms for education, committed to online safety and supporting the digital transformation and advancement of education.

The LGfL Digsafe has now launched a [PARENTSAFE](#) page, which provides loads of up to date, practical advice to support parents on ways that they can keep their children safe online. There is also a very helpful [TOP TIPS](#) section - these are excellent 'Parent Help' resources on six key themes, which, whilst uncomfortable, are relevant and important to all families with teenage children:

- Body Safe
- Fake News and Hoaxes
- Bullying
- Gangs and County Lines
- Extremism and Radicalisation
- Accessing Pornography

An effective PTA is vital for the wellbeing of the school, helping to raise money for additional resources outside of national funding but also, organising events which bring the school community together. As a school we value this so much. I am aware that many existing parents are moving on as their children leave the school and that the PTA desperately needs new volunteers. The PTA are Wednesday 20th October 2021 at 7.00pm - please meet at the school main reception. holding their first meeting next week, if you would like to be involved, the meeting is taking place on

May I take the opportunity to wish you all a good half term break and please enjoy the rest of this bulletin. It is packed with key messages and celebrations of the wonderful work and enrichment opportunities enjoyed by students at the school.

If you don't already follow the school twitter account - then please follow us @RodingValleyHS

- **Year Progress Leader Messages Year 7 -11** - specific to each year group
- **Sixth Form News - includes link to Sixth Form Bulletin** - an invaluable resource for Year 13 students making apprenticeship applications and Year 12 CVs
- **New, Events and Celebrations for ALL**

Best wishes
Mrs Jenner
Headteacher



In England, a Free School Meal (FSM) is a statutory benefit available to school aged children from families who receive other qualifying benefits and who have been through the relevant registration process.

Recently, the process of applying for Free School Meals at Roding Valley High School has changed to an online application in order to improve speed and reduce the burden of paperwork for parents. For more information on the qualifying benefits and for more information, please visit our Free School Meals page on our [school website](#).

It is important that parents register their children for free school meals if they are entitled as the school receives additional funding known as the Pupil Premium to support the children's learning. The use of the pupil premium is personalised to meet the needs of the children who are entitled to support, such as 1-1 tuition, additional LSA support and intervention groups, access to school visits, Learning Mentor, speech and language assistants, Family Support and counselling.

If you believe that your child is eligible for Free School Meals, please click [here](#) to use our Free School Meals Checker. Your Certificate of Eligibility will then need to be emailed to Miss Hollis at ahollis@rodingvalley.net



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RVHS News

Splendid Production Visits RVHS

On Tuesday 12th October the drama department welcomed acclaimed theatre company, Splendid Productions, to Roding Valley High School for a performance of their incredible two-man show, UBU, an adaptation of Alfred Jarry's proto absurdist play, Ubu Roi.

The play was a loose retelling of Macbeth but performed through the warped lens of Jarry's surreal and vulgar mind, and in the style of Brecht's epic theatre.

GCSE and A level drama students from Years 10 to 13 really enjoyed the performance, whether it was the biting critique of power and wickedness, or just the fart jokes, they were engaged throughout and saw an excellent example of how small scale theatre can think big.



After the performance the students got to spend time with the actors and take part in fast paced workshops, where they learned new ways to create drama, which will go on to influence their own practical work.



RSC
ROYAL SHAKESPEARE COMPANY

ROLD DAME
Matilda

Calling All Year 7 Students
Hurry Tickets are selling fast for our visit to Matilda on **1st December 2021**.

The Deadline for booking your place is
3rd November 2021

Knitting Union



Our Knitting Union is still going strong, with our students learning the art of knitting.

If you have any spare knitting supplies that you would be willing to donate to our students, please email Ms Kalair at skalair@rodingvalley.net



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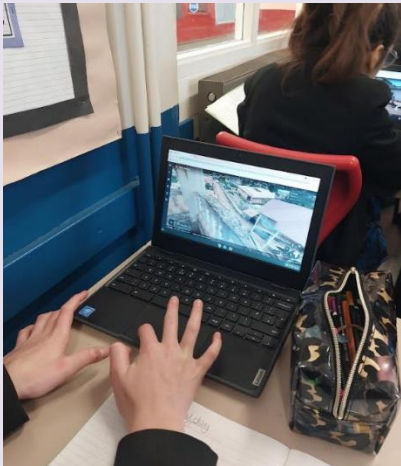
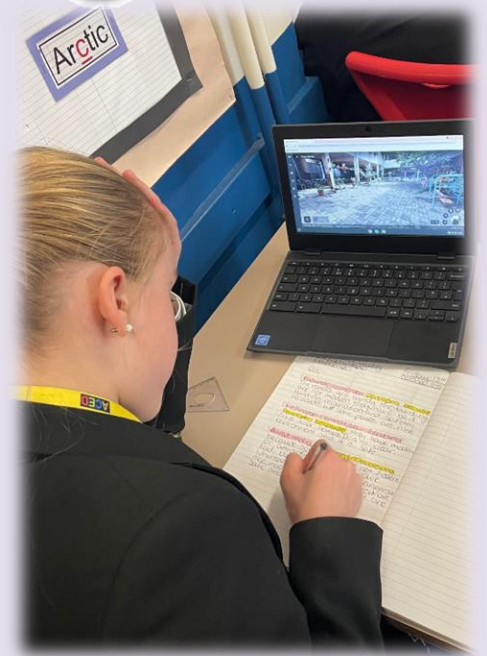
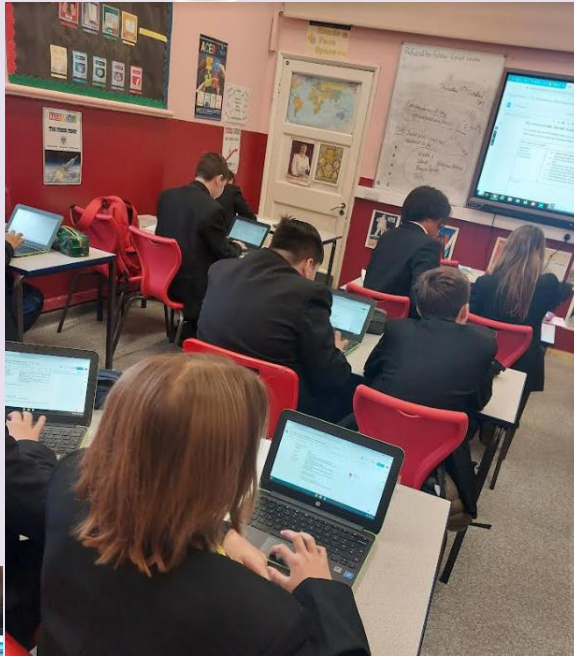
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Year 7 Digital Day

At RVHS, we really value the need to promote excellent digital skills for our students.

We have recognised that to become successful, independent learners, our students must be given more opportunities to develop their technological skillset.

To support this, our new Year 7 students took part in our new 'Chromebook' initiative



Today to mark the arrival of their new Chromebooks, we decided to hold an impromptu Digital Day for our Year 7. As you can see from these photos, they had a fantastic time learning and exploring with their Chromebooks.



Guitar Club

Our students had a fantastic time at Guitar club this week, picking up lots of new skills.



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RHVS SPORTS NEWS



Latest Football Results

Year 7

- Thursday 7th October: Essex Cup 1st Round – Away v Passmores – **Won** 4-2. **Goals:** Teddy, Max, Alex, Ronnie
- Tuesday 12th October: ESFA Cup 2nd Round – Home v St Johns Preparatory and Senior School – **Lost** 3-1. **Goals:** Alex

Year 8

- Friday 8th October: ESFA Cup 2nd Round – Away v King John **Won** 4-1. **Goals:** Joe x2, Blu, Jake

Year 9

- Friday 8th October: ESFA Cup 2nd Round – Home v Samuel Ryder – **Won** 9-0. **Goals:** Pedro x3, Oscar x2, Sonny, Max, Brooklyn, Brandon

Year 10

- Tuesday 5th October: Essex cup 1st Round - Away v Holy Family Catholic - **Won** 7-0. **Goals:** Dan.C (3), Alfie P (2), Jack M, Luca M, **Player of the Match** - **Dan C**
- Thursday 7th October: ESFA Cup 2nd Round - Away v The Ravensbourne School - **Won** 5-3. **Goals:** Harry C (3) Dan C Alfie P, **Player of the Match** - **Spencer C**

Year 11

- Monday 11th October
- ESFA Cup 2nd Round – Home v Chancellors School – Lost 1-0

Sixth Form

- Wednesday 6th October: Essex Colleges & Schools League – Away v Chase High School – **Won** 7-0. **Goals:** George M x3, Ali x2, Sonny, Jaeden

Upcoming Fixtures:

- ★ **Year 10** – ESFA 3rd Round – Away v Reigate School on **Monday 18th October**
- ★ **Year 7** – WESSA League – Home v King Harold on **Monday 18th October**
- ★ **Year 9** – Essex Cup 1st Round – Home v Great Baddow High School on **Tuesday 19th October**
- ★ **Under 14 Girls** – Essex Cup 1st Round – Away v Saffron Walden on **Tuesday 2nd November**
- ★ **Year 8** – ESFA 3rd Round – Home v Shenfield High School on **Thursday 4th November**



Year 7 Team



Year 8 Team

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Latest Netball Results

Year 7

- Monday 11th October: WESSA League – Home v Davenant **Won** 14-3
- Tuesday 12th October: Essex Cup – Away v Coopers Coburn - **Lost** 24-9

Year 8

- Thursday 30th September: WESSA League – Home v Braeside - **Won** 8-4
- Monday 11th October: WESSA League – Home v Davenant - **Won** 11-7

Year 9

- Thursday 30th September: West Essex and Harlow Netball tournament – **Played** 6, **Won** 1, **Lost** 5.
- Tuesday 5th October: Essex Cup - Home v West Hatch - **Lost** 14-7
- Monday 11th October: WESSA League – Home v Davenant - **Lost** 13-11

Under 16's

- West Essex and Harlow Netball Tournament – **Played** 6, **Lost** 6
- Monday 11th October; WESSA League – Home v Davenant - **Lost** 15-13



Year 7 Team



Year 8 Team



Year 9 Team



Under 16's Team

Upcoming Fixtures:

- ★ Under 16's, Year 9, 8 & 7 WESSA league: Home v West Hatch High School on **Monday 18th October**

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ACED Literacy

Congratulations to the following students for their fantastic work during Drop Everything and Write (DEAW)

[Handwritten text, partially obscured by the pencil character]

Sky Nash - Year 8 nominated by Miss Pinches

Friday 1st October 2021

DEAW

It was raining heavily. It was raining so hard for me that I was stuck in the bus shelter. The rain was so heavy that I was stuck in the bus shelter. The rain was so heavy that I was stuck in the bus shelter.

Once she stopped her car, she saw the police car. She was so scared that she ran away. She was so scared that she ran away. She was so scared that she ran away.

A group of murderers had seen the police car. They were so scared that they ran away. They were so scared that they ran away. They were so scared that they ran away.

Weeks had gone by and the newspaper had reported the news. They all had their feelings of sympathy for the girl.

Melissa Turkoglu - Year 8 nominated by Ms Di-Ilo

Characters	Setting	Weather	Plot	Genre/Order
Twilight	Vampires	Forest	Count	The normal girl falls in love with vampire
Red Riding Hood	Wolves	Forest Village	Snow Night Cold	Finding out who was the murderer
IT	Murderer Children	Town Home School	Night & daytime	Finding the murderer's brother
Beauty and the Beast	Beast 'Princess' Father Prince	Castle Town	Snow Winter Freezing	The princess falls in love with a beast

Friday 1st September

D.E.A.W:

B. and D.

Standing there all alone, the solitary child waits for the bus at the bus shelter. Cars drove by, beeping, as they were stuck in traffic. The weather was sad and disappointing. It was raining heavily and there was no one out in the street except for the people in cars. You could hear and smell the steamy engines being switched on and off.

E.

As the poor, lonely child waited, he started thinking about what he can develop in the future. But as he

Polina Marushchack - Year 8 nominated by Ms Di-Ilo

Deaw

Friday 1st October 2021

As a solitary child is waiting for a bus at a bus shelter the child puts on their coat because it's getting colder by the minute and it starts to rain heavy and then bang the bus shelter collapsed on the child and then he's go by and people are still searching through the rubble to see if they can find anyone but they don't. A couple days later and the mother is still devastated by the news of her child's possible death and as she's crying so much that she can't she's looking at old photos of her child.

Nominated by Miss Bleakley

The rain was pattering on the bus shelter. The sky was dark and gloomy, and the sun was nowhere to be found.

The girl looked at the bus shelter. She was so scared that she ran away. She was so scared that she ran away. She was so scared that she ran away.

The girl looked at the bus shelter. She was so scared that she ran away. She was so scared that she ran away. She was so scared that she ran away.

CRASH.

The girl was buried under the rubble. Paramedics and primary people tried to save her, but it was too late. She had been crushed and suffocated under.

Mia Woodcock and Echevin Yuksel nominated by Miss Hodges

Friday 1st October 2021

It was a busy day. The rain was so heavy that I was stuck in the bus shelter. The rain was so heavy that I was stuck in the bus shelter. The rain was so heavy that I was stuck in the bus shelter.

The girl was so scared that she ran away. She was so scared that she ran away. She was so scared that she ran away.

The girl was so scared that she ran away. She was so scared that she ran away. She was so scared that she ran away.

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DEAW:

Letter to Adran Vice.

Dear Adran,

I am writing this letter to you to tell you what I think of the younger generation taking more responsibility and risks.

Younger children should be allowed to have more responsibility by taking more risks that apply to them, what I mean by this is younger people nowadays are more prone to doing stuff that can shift a bad influence onto them. For example there are lots of younger children prone to more dangerous things that aren't really as dangerous as it seems. But then again, we shouldn't allow children to do that as it could still have them rebel and come out the total opposite as we are on about.

The younger generations in my opinion should definitely take risks as long as they are not too dangerous or too soft for a child as they need to have their responsibility for their own stuff. This means things like theft and other stuff shouldn't be set on them. But as it still counts as a risk, it's also a bad thing.

Finally, my opinion is a hard 50/50 as we do not know what younger children are capable of nowadays due to higher technology and more advanced things to take. Thank you for reading this letter, Adran.

Ameria.

**America Thompson Wells - Year 8
nominated by Mr Savage**

Dear Adrien Voce,

I am writing to inform you that I believe that the younger generation of children should be striving for more opportunities. 70 % of adults had their biggest childhood adventures , amongst trees and outdoor spaces, compared with 20% of children today.

In the future there is less of a chance that children will want to go outside adventures. This is why I am writing to you because children should be encouraged to go outside on adventures again. I believe you would be a good candidate to help the children get back outside.

Chloe Jones- Year 8 nominated by Mr Savage

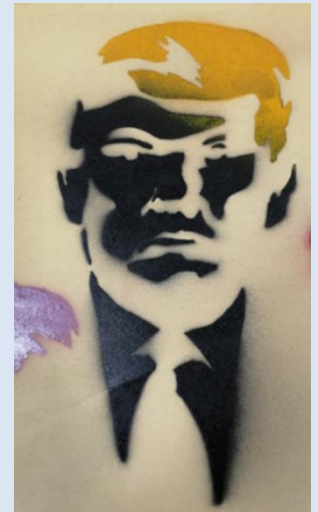
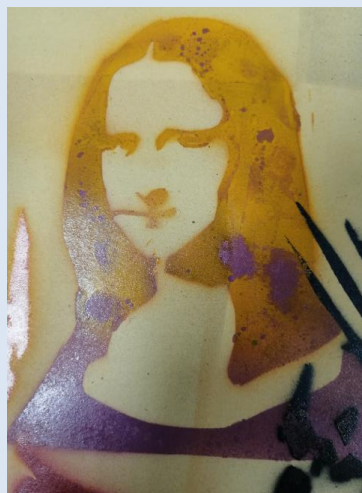


**5 Star
Writing**



SPRAY PAINT CLUB

Well done to our Year 7 and 8 students for creating some amazing work at our Spray Paint Club.



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Congratulations to 8a/Scs1 for being nominated as 'Class of the Week' for their hard work on developing their science skills by their teacher Miss Hodges. Please keep up the amazing work.



World Space Week OCTOBER 4-10



LIFE ON MARS?

Year 9 Interhouse Competition!

Can YOU design a structure that allows life to flourish on Mars? YOUR structure must overcome the toxic soil, low gravity, freezing temperatures of -80°C, lack of water, food & atmosphere.

The Deadline for entry is 2nd November 2021, please use this [link](#) for further information on the competition.

Are you up to the challenge?




- ★ Lily Barlow
- ★ Lola Salter
- ★ Amelia Dee
- ★ Daniel Shopov
- ★ Brody Dow
- ★ Kristian Yordanov
- ★ Lea Horakova
- ★ Zayn Kazmi
- ★ Olivia Jarvis
- ★ Maisey Mapson
- ★ Quinn Rose Kalungi
- ★ Suden Pashaoglu



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Miss Larkin's Revision and Study Update

Hello everyone,

A huge thank you to parents who joined us at our Year 11 Transition evening a couple of weeks back. During that evening, I shared some of our topic RVHS Revision & Study strategies to help students when revising at home. I also re-launched our revision microsite - a website that contains all relevant study materials for each subject studied at GCSE. Click [here](#) to visit this site.

- **Year 12 & 13 Parents:** Don't worry, we haven't forgotten about our excellent A-level students! We are also working on an A-level revision microsite and this will be ready after the half-term break. This website will also contain all relevant subject materials; copies of revision guides, exam question packs, PLCs, and more!
- **Google Classroom:** It has been great to see that so many of our students have got back into the swing of things when it comes to their home learning. Please note that any tasks that need to be submitted to their teacher are always set as ASSIGNMENTS on Google Classroom with a clear due date. We are strongly encouraging students to submit all home learning via GC rather than handing in hard copies. If your child needs help with submitting home learning, then please click [here](#) to see our Google Classroom guide.
- **Digital Learning in the classroom-** As you are aware, we opened up a Chromebook purchase scheme to all year 7 parents. If your son/daughter has an RVHS Chromebook or has purchased an RVHS license for their own Chromebook device, then they should bring their device in every Wednesday for our Bedrock lesson and then during our digital learning weeks. You can see when the digital learning weeks are taking place by looking at the table below:

Year group	Term 1 Dates	Term 2 Dates	Term 3 Dates
7 (x2 weeks per term)	<ul style="list-style-type: none"> • Digital day- 15th Oct • WB 15th November 	<ul style="list-style-type: none"> • WB 10th January • WB 21st February 	<ul style="list-style-type: none"> • WB 2nd May • WB 6th June
8	WB 29th November	WB 14th March	WB 18th July
9	WB 4th October	WB 31st January	WB 4th July
10	WB 22nd November	WB 18th April	WB 13th June
11	WB 11th October	WB 7th February	
12 & 13	WB 18th October	WB 16th May	

Thank you for your continued support of revision and study at RVHS

Miss Larkin – Assistant Headteacher

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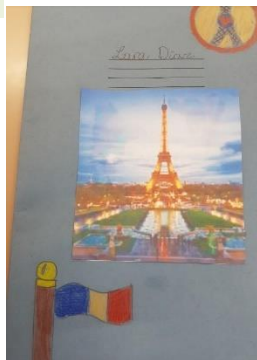


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Class of the Week



Congratulations to Ms Langlet's Year 7 French Class for their amazing book cover designs.



Mola Hello BILINGUAL Corner

If you speak a language other than English, we will be starting a club for pupils in which you can support each other and in which you can have your opinion on whole school EAL events. You can also use your home language with other speakers. Pupils are being added to the EAL classroom but if you would like to get involved contact pmelvin@rodingvalley.net



Language Quizlet Stars

- Bethany Clayton
- Kimberly Oliveira Da Costa
- James Millar
- Heliya Pirhade
- Lily Barlow
- Amelia Dee
- Brody Dow
- Lea Horakova
- Olivia Jarvis
- Quinn Rose Kalungi
- Zayn Kazmi
- Maisey Mapson
- Lola Salter
- Daniel Shopov
- Kristian Yordanov
- Madalina Turcan
- Serena Thwaites
- Eloise Roberts
- James Pound
- Enru Li
- Daisy Warden
- Ruby Mace
- Ursula Alexander
- Katrin Tomrushka
- Josh Martin
- Suden Pashaoglu



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Introducing the New Epping Forest Youth Council for 2020-2022



The Epping Forest Youth Council 2020-2022

Contact Diane Gilson-Butler
Young Persons Officer
[eppingforestdc.gov.uk/efyc](https://www.eppingforestdc.gov.uk/efyc)
efyc@eppingforestdc.gov.uk
 01992 564365 07789 372179

Chigwell School



Cameron Khadem
Zaara Ahmed

Davenant Foundation School



Martin Prinsloo
Alec Ivanov
Archie Flynn
Oscar Prosser
Megan Wilson

Debden Park High School



Daniel Turner

Forest School



Simran Tiwana

Harlow College



Tomor Troshupa

Hertford Regional College



Jamie Schooling

Independent



Sonny Bazzoni

New City College



Matthew Carter

The Ongar Academy



Sammy Miller



Finlay Wallbanks

Roding Valley High School



Frank Cullis
Bianca Nedelcu
Natalie Moffat
Lauren Marks
Sydnae Smith

West Hatch High School



Aliza Zarras
Riya Bhargava



RVHS 100 Club *Winners*

Congratulations to our latest RVHS 100 Club winners:

- ★ **1st Prize: Mrs Jaudagiene (£69)**
- ★ **2nd Prize: Miss Rumble (£41)**
- ★ **3rd Prize: Mrs Collischon (£28)**

If you would join our RVHS Club 100, please visit our [website](#) for full details and complete our online form. The draw takes place termly.



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Food & Nutrition Recipes of the Week

Spanish Omelette

Ingredients:

- ★ 500g potatoes
- ★ Knob of butter
- ★ 2 small onions
- ★ 1 red pepper
- ★ 3 - 4 mushrooms
- ★ 8 eggs
- ★ Handful of chives

Equipment Needed:

- ★ Measuring jug
- ★ Whisk
- ★ Chopping board
- ★ Knife
- ★ Frying pan
- ★ Saucepan



Method

1. Slice the onions and chop the pepper, removing the seeds.
2. Cut the potatoes into roughly ½ cm slices
3. Heat a knob of butter in a frying pan until melted, then add the red pepper and onions
4. In the meantime, put the potatoes in a saucepan, bring to the boil and simmer for 8-10 minutes to soften.
5. Break the eggs into a jug and beat with a whisk or fork and season well with salt and pepper.
6. Add a little more butter to the frying pan and add the potatoes. Pour over the egg mixture and cook for 15 minutes until almost set and golden-brown underneath.
7. Put the frying pan under the grill (make sure the handle is outside the oven) and cook for a further 2 minutes until cooked.

Join Our PTA



MANY HANDS MAKE LIGHT WORK

Can you Help?

Our PTA works incredibly hard. They are all parents of students past and present. They are a vital link between the school and the students. They fund raise, they provide support at school functions, they are you!

Their efforts provide all our students with those little extras like seating and shelter in the playground.

The PTA are our unsung heroes.

Please email info@rodingvalleypta.net for more information.



Together You Can Make a Difference

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Wellbeing

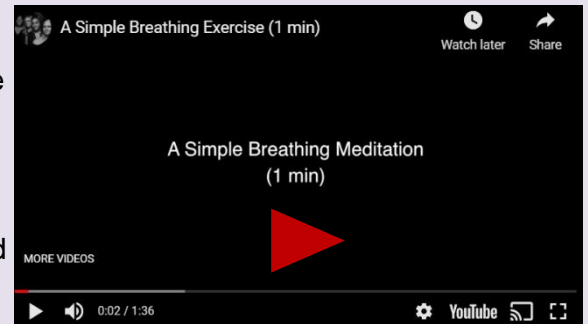
With Ms Preston



World Mental Health Day

Sunday 10th October 2021

This week, Assembly time was based around the 'conversation' of mental health, thinking about what encourages positive mental health and wellbeing. We talked about the benefits of focused breathing for one minute to support feelings of anxiety, stress, anger, worry and so on. The clip that we used is shared to the right.



There was also a focus on developing good habits proven to support positive mental health and wellbeing, with students encouraged to spend some time doing one of these things for themselves at the weekend. I have listed some suggestions below:

- ✓ Exercise
- ✓ Mindfulness
- ✓ Film/ book:
- ✓ Connecting
- ✓ Having some fun
- ✓ Learning something new
- ✓ Give to others
- ✓ An act of kindness
- ✓ Connect with nature

During period 1 (Years 7-10) are focussing on making a mental health action plan with the members of their Academic Mentor Group. This is aimed at students thinking about what they consider to be important and what they would like to see and do to encourage the conversation around supporting positive mental health. They will complete a planning phase, an action phase, and a review phase to see how well their plans worked.

We are mindful that students may need help and support at different times and also reiterated to them, the places that they can turn to:

- ✓ iamnotok@rodingvalley.net (support email at school)
- ✓ Parent
- ✓ Academic Mentor (students see their academic mentors every day)
- ✓ Teacher / staff member
- ✓ Friend
- ✓ Extended family member
- ✓ Helpline (for example, MIND & Samaritans)



What above is a link to Black Dog, a short information video in cartoon form which tackles the idea of depression being like a Black Dog and how you can support feelings of depression. It might be something that you and your child may want to watch together.

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Messages from Our Year Progress Leaders



Our team is proud to be your child's Year Progress Leader and very much looking forward to the year ahead with such a great cohort of students. To ensure that you are aware of who your child's Year Progress is, we would like to introduce to you our team this year:



Year 7: Mr Ryan

To contact Mr Ryan, please email fryan@rodingvalley.net



Year 8: Miss Fazakerley

To contact Miss Fazakerley, please email J.Fazakerley@rodingvalley.net



Year 9: Miss Edwards

To contact Miss Edwards, please email cedwards@rodingvalley.net



Year 10: Mr Dobson

To contact Mr Dobson, please email cdobson@rodingvalley.net



Year 11: Ms Preston

To contact Ms Preston, please email tpreston@rodingvalley.net

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Mr Ryan – Year 7 Progress Leader

Year 7

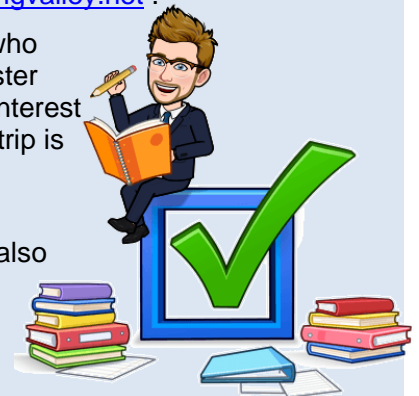
It's hard to believe that the first half term of Year 7 is nearly over. The time has absolutely flown by and it is incredible to see how quickly the year group have settled in and got used to the different routines and process at school. The Year group have had an incredible five weeks and have really risen to every challenge.

We have now got into the swing of things and it is great to see the students getting involved in all the many different groups and trips that are on offer. I'm seriously impressed with the knitting and cooking clubs and it is also incredible to see how many students have put themselves forward to participate in the school concert/musical. The House competitions are underway, and I was impressed with the calibre of candidates who applied to be House Captains and Year Captains. Our sporting teams are really representing the school well. They are seriously performing very well, and I am impressed with their skill and dedication. Please be aware however, that being able to represent the school on a team is an honour not a right and any misbehaviour around the school could result in being denied a spot on a team.



Our Chromebooks arrived and we have been able to use them for Bedrock and we also had a digital day. The second round of orders has now been processed and we hope to have that order processed soon. Bedrock is working incredibly well, and it is wonderful to see how well the students are progressing through the stages. For any queries relating to the Chromebooks, please contact Mr. Vermaak at mvermaak@rodingvalley.net.

We will be emailing parents who have applied for the Manchester Football trip next week. The interest has been incredible, and the trip is really over-subscribed.



We will be randomly allocating places on the trip so please be aware that there may be disappointment around this trip. We will, however, have plenty of trips in the future. We also have a theatre trip to see Mathilda, organised by the English Faculty, tickets for this are going fast. If your son or daughter would like to see the show, now is the opportunity.

Once again, I can't believe how quickly the time has gone by. I hope everyone takes the opportunity to rest over half term and come back to school fully refreshed in November.

Mr Ryan – Year 7 Progress Leader

**Bedrock
Champion**



Nathan Mpofu



Congratulations to Tom Barnes and Matthew Sutton for being nominated for the Year Progress Leader Award



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YouTube @RVHSYouTube

Year 8

What an amazing first half term of Year 8! All students have settled extremely well into being role models to the Year 7's. I have really enjoyed the buzz that has been around extracurricular with our year group which has been so lovely to hear from both the students and the teachers how much effort and involvement that is coming from Year 8's. If you have not had a chance to participate in our extracurricular programme, it is not too late!

There have been a lot of exciting new trip opportunities for students of Year 8's. Please do refer to letters that were circulated for further information. Places are limited so please complete your deposit payment on parent pay ASAP.

I would like to take this opportunity to say how fantastically presented year 8's uniform is. Please can I reiterate our high standards regarding this. Students should only be wearing full RVHS PE kit on the 2 days a week that they have PE, and this must include their blazer and white socks. This should not be worn at any other times. If students have a PE Club they must bring their PE kit to get changed into after school.

Within PE Year 8's have been participating in inter-house handball and football. Year 8's have been incredible, it has been noted the amount of effort, passion and competition that was present within these lessons. All the students made me incredibly proud.

Please have a very restful half term and come back refreshed ready for another excellent half term.



Miss Fazakerley – Year 8 Progress Leader



Congratulations to **8bfr2** and **8bfr4** for their hard work during the Assessment Week

Nominated by Miss Langlet

All year groups and experience levels
Friday lunchtime CA4

Keyboard Club

To reserve a space:
Email pfrank@rodingvalley.net or speak to Miss Frank





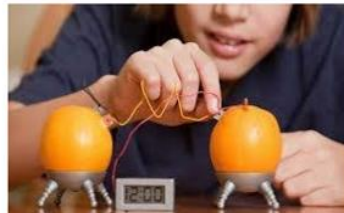
STEM CLUB

WHEN
Every Tuesday
3pm to 4 pm

WHERE
S2

WHO
YEARS 7 AND 8

More info:
Mrs Harris



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Year 9

Yet another busy fortnight has passed by as quickly as the last and I continue to be impressed by what our year 9's have achieved. The dedication to their studies is outstanding and their eagerness to achieve more is exciting. As I get the chance to go around to different lessons throughout the week, it is so pleasurable to hear from such confident and assertive teaching and learning ambassadors who are jumping at the chance to tell me what they are learning. Thank you to all those students who have been wonderful T&L Ambassadors; I truly love hearing about what you are doing in each and every lesson!

This week our Year 9's had the opportunity to watch the #consequences production which is a community safety and awareness campaign delivered by the community, health and wellbeing team from the Epping Forest District council. They highlighted the dangers of the online world and looked at what it means to be safe online, as well as looking at relationships and the consequences of gang activity. This together with the 'Prison me, No way' day have both been invaluable educational sessions about the dangers of the world outside RVHS and have taught some really important life lessons that I hope all our students have taken on board and learnt from. I would like to congratulate all Year 9's for their exceptional conduct and attitude during both of these sessions.

We have seen many Year 9's playing in Netball and/or Football fixtures this past fortnight and each and every student who has represented RVHS has done so with pride and displayed quality sportsmanship. I encourage more of you to get involved in our extra-curricular clubs to be in with a chance at gaining a spot on one of our sporting teams to represent RVHS.

This week has seen our students complete their first assessment lesson of their personal development curriculum. This covered all of the topics that the students have studied over this half term including, perceptions of 'myself', peer approval, risks, being 'me' in a group and consent. Students have worked incredibly well during these sessions, and the feedback from our academic mentors has been extremely positive. They are all really proud of how their tutees have engaged in discussions and been open to and respectful of the viewpoints of their peers. This really has been a brilliant addition to our character provision at RVHS.

With only a short week to go before the end of this first half term, I want to encourage all of our Year 9 students to be the best version of themselves and be kind and respectful. Next week's theme of the week is **Kindness** and with that in mind, I would love to see every one of our students do something kind for someone in the school community. It could really make someone's day!

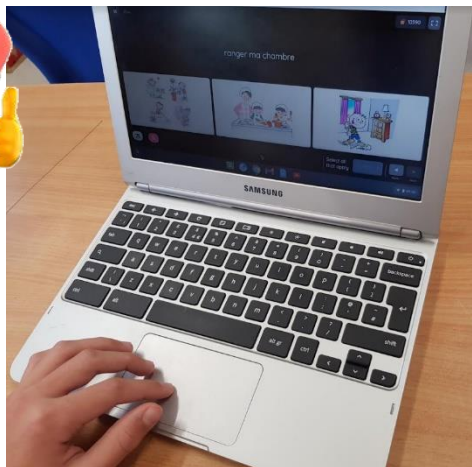
Students finish for the half term on **Wednesday 20th October at 3.00pm**. **Thursday 21st** and **Friday 22nd** are both **Inset Days** and the school will be **closed** to students. I look forward to welcoming all students back on **Tuesday 2nd November at 8.30am** for another busy, yet productive half term of Year 9. Have a safe and restful half term.



Miss Edwards – Year 9 Progress Leader



Well done to **9FR1** for getting so involved and working so hard during their digital week! Was great to see you competing to get the highest score!



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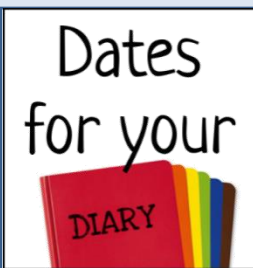


YouTube @RVHSYouTube

Year 10

It's hard to believe that we are almost a month into this academic year already! As usual, Roding Valley's Year 10 is a hive of activity and determination, particularly at this busy time of year. It fills me with immense pride to be a part of this community and see it grow, develop and flourish. It is so exciting to see the range of engaging lessons taking place, the discussions that these inspire, and the real impact that this has on the students' understanding of new topics and concepts. All of this, along with the culture, the values, and the spirit that we have created at RVHS really does make for a truly unique and vibrant learning environment of which we should all be proud to be a part.

The rolling program for enhanced Personal development goes from strength to strength. This week we have been looking at Black History as part of the activities linked to Black History Month. The mental health focus continues with activities and discussion, and our assemblies continue to add to our holistic approach to personal development. We have also looked at careers with empathy this week, which includes nursing and being a paramedic.



Important Dates

- **Assessments** – 22nd November 2021
- **Reports** – 6th December 2021
- **Assessments** – 28th February 2022
- **Parents Evening** – 21st March 2022
- **Examinations** – 20th June 2022



If you need any clarity on any issues I have raised or just have a general question to ask please contact me via email - cdobson@rodingvalley.net

Mr Dobson – Year 10 Progress Leader

LOST PROPERTY

To report any property lost, please email:

lostproperty@rodingvalley.net

We ask if you could provide a detailed description of the item you have lost so that we can reunite you with your missing property.



PRACTICAL SCIENCE CLUB

EVERY MONDAY 15:00-16:00

IN S2

WORKSHOPS
EXPERIMENTS
NEW FRIENDS
GROUP TASKS

YEAR 9 AND
YEAR 10

MORE INFO:
Mrs Harris



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Year 11

It was great to see so many parents at the parents evening yesterday. Your support is much appreciated by staff and by students.

I am really proud of how well the vast majority of year 11 have settled into the new academic year. They have shown a hard-working and determined approach and this will stand them in good stead for the coming months. They are working well at the intervention sessions and across the school in each of their subjects.

In the last couple of weeks, there have been some nominations for some excellent efforts across the school.



Congratulations to

- Ms Edwards science group for hard work, focus and resilience
- Mr Ryan's English group for their effort and input in English lessons.

Please keep up the amazing work.



Coby Mizzi



Tuggy Turp

Nominated by Mr Jones for their excellent efforts in a recall task and focus in the lesson

Character & Culture Awards



Alfie Lambert

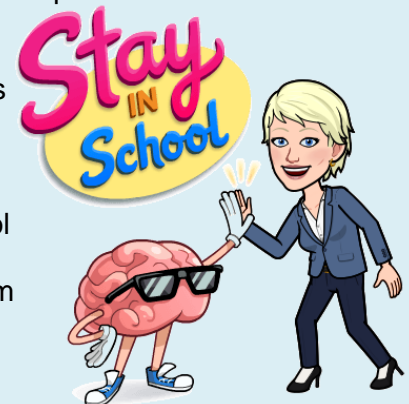
For his contribution during the Personal Development time.



Congratulations to **Caleb Beer**, Silver Medal Winner in a diving competition. We're really proud of Caleb for this, particularly as it is the first competition he has been in for two years. When I asked him if he was nervous he said, 'yes, until I get on the board and then I am fine and totally focussed'.

We have planned a series of exam/revision and wellbeing support sessions in one hour a week between w/c **2nd November** and the end of the Autumn Term. These will support students as they begin their first round of pre-public examinations and help them to prepare and organise for the second round and the summer 2022 public examinations.

It is particularly important that students are in school, in lessons and accessing the learning, support and information that we provide on a daily basis. Please ensure that your child is at school every day, on time, so that they can use all that is on offer to them and close gaps in knowledge.



Ms Preston – Year 11 Progress Leader

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Sixth Form News

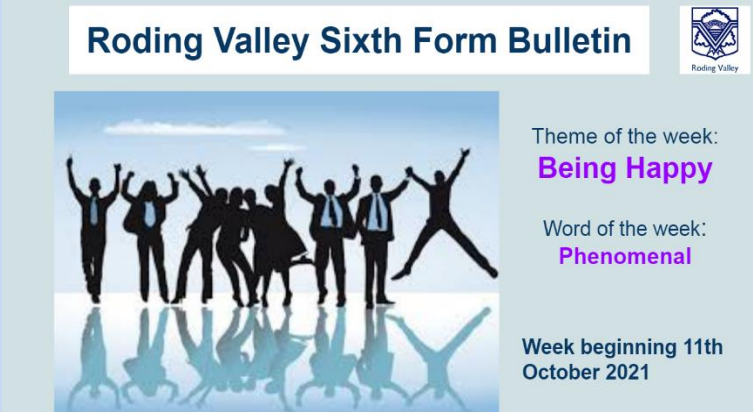
University and Careers

Year 13 have been working tirelessly on their university applications over the last few weeks. I'm really pleased with their commitment to their future studies. We have sent off 12 applications so far and I'm sure lots more will be sent before October half term. If your son/daughter is considering making an application, our internal deadline is the 2nd December to make sure that students have completed their applications before their PPEs start. If your son/daughter has not yet finished drafting their personal statement, encourage them to do this over half term. Please do encourage students to ask for any help they might need from their form tutors or a member of the sixth form team. We will help in any way we can.

Roding Valley High Sixth Form Bulletin

All students should be using the Sixth Form Bulletin to look for opportunities in the world of work, work experience and enrichment opportunities. Please use this [link](#) to view.

This is an invaluable resource for year 13 students who are making an apprenticeship application and for year 12s who are seeking to expand their CV.



Roding Valley Sixth Form Bulletin

Theme of the week:
Being Happy

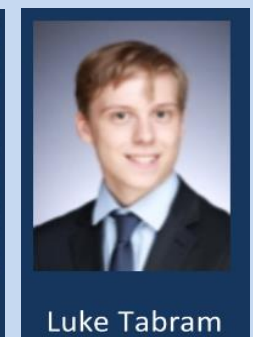
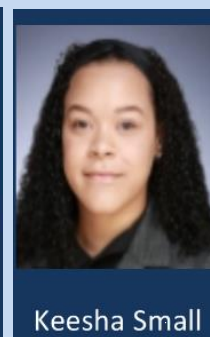
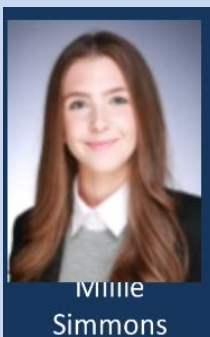
Word of the week:
Phenomenal

Week beginning 11th
October 2021

The graphic features a central image of silhouettes of people celebrating with arms raised against a blue sky. The Roding Valley logo is in the top right corner.

Student Leadership

In the last few weeks, we have appointed our **Sixth Form Captains**. These are year 13 students who represent the sixth form student body. They will support the Sixth Form Team by offering us student voice and by leading on key event across this academic year. They are a fantastic group of students and I look forward to working with them.



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EPPING FOREST DISTRICT COUNCIL

Creativity AND SPORTS AWARDS 2022

Aged 13-25 and passionate about Culture or Sports?
Apply today for an award of between £200 - £1000 to support you with your chosen discipline.

FOR MORE INFORMATION OR TO MAKE AN APPLICATION PLEASE VISIT WWW.EPPINGFORESTDC.GOV.UK

[@EFDCCommunities](https://www.facebook.com/EFDCCommunities) [@efdcsports](https://twitter.com/efdcsports) [@efdcsports](https://www.instagram.com/efdcsports)

Closing date: Sunday 12 December 2021

 Epping Forest District Council

 Essex County Council

 ActiveEssex

Essex ACTIVate

Active Essex is offering a range of ActivAte clubs this Half Term!



These clubs are completely **free** for young people who are **eligible for benefits based free school meals**, as well as children from low income working families who would benefit from this **additional support**. Clubs will feature fun physical and enrichment activities, as well as nutrition education. Plus, each child will receive a **tasty, nutritious lunch!**

Mental Wellbeing Hubs

Delivering **supported activities** over shorter sessions, in **smaller groups**. Activities will be **sensitive** to children's needs, focusing on **gentle social transition and coping exercises** to help with the move back to community engagement.

SEND Activity Hubs

There will be **SEND Hubs** across Essex, delivering **specialist workshops**. These will provide **coaching and inclusive physical and enrichment activities** for SEND pupils, to ensure they get **the best** out of their summer!



BOOK NOW

Local Activity Clubs

Our holiday clubs, run by **locally trusted organisations**, offer a wide variety of activities, ensuring they have a **fun, memorable and active holiday!**

All clubs will be delivered within Covid safety guidelines.

If your child is eligible but does not require this face to face support, then we are pleased to also be offering fun virtual resources www.activeessex.org

All year groups and experience levels
Tuesday 3pm CA4

Guitar Club

To reserve a space:
Email pfrank@rodingvalley.net or speak to Miss Frank

All year groups and experience levels
Thursday 3pm CA4

Singing Club

To reserve a space:
Email jsavage@rodingvalley.net or speak to Mr Savage

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[@rodinghs](https://www.instagram.com/rodinghs)



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[YouTube @RVHSYouTube](https://www.youtube.com/RVHSYouTube)

RVHS STATIONERY SHOP PACKS

MATHS PACK £1.60

Includes:

- ✓ Small Pencil Case
- ✓ Biro
- ✓ HB Pencil
- ✓ Set Square
- ✓ Protractor
- ✓ Compass
- ✓ Small Ruler
- ✓ Eraser
- ✓ Sharpener

SILVER PACK £1.50

Includes:

- ✓ A5 Zip Wallet
- ✓ 2 x Gel Pens
- ✓ Highlighter
- ✓ Eraser
- ✓ Sharpener
- ✓ Non-Stop Pencil



Scientific Calculator

£8.40

T&L Classroom Pack £1.30

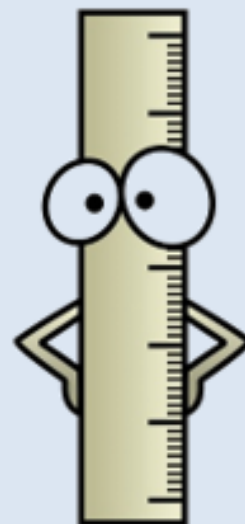
Includes:

- ✓ A4 Whiteboard
- ✓ Dry wipe Pen
- ✓ Sponge Eraser

Bronze Pack £1.00

Includes:

- ✓ A5 Zip Wallet
- ✓ 2 x Black Biro
- ✓ Blue Biro
- ✓ Green Biro
- ✓ HB Pencil
- ✓ Small Ruler
- ✓ Eraser
- ✓ Sharpener



To order Stationery Shop Packs
Log on to ParentPay.
Select and pay for your
Stationery Shop Pack.
Collect from your Year Progress
Leader.

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Your Child Safe Online

E-Safety: Eight Steps to Keep



1

Explore together: Ask your child to show you their favourite websites and apps and what they do on them. Listen, show interest and encourage them to teach you the basics of the site or app.

2

Chat about online safety little and often: Young people are likely to want to explore new apps and websites this month, whether that is for learning or for fun. Take this opportunity to talk to them about how to stay safe on these new services, and in general. Ask if anything ever worries them while they are online. Make sure they know that if they ever feel worried, they can get help by talking to you or another adult they trust.

3

Help your child identify trusted adults who can help them if they are worried: This includes you and other adults at home, as well as adults from wider family, school or other support services who they are able to contact at this time. Encourage them to draw a picture or write a list of their trusted adults.

4

Be non-judgemental: Explain that you would never blame them for anything that might happen online, and you will always give them calm, loving support.

5

Talk about how their online actions can affect others: If your child is engaging with others online, remind them to consider how someone else might feel before they post or share something. If they are considering sharing a photo/video of somebody else, they should always ask permission first.

6

Parental controls: Make use of the parental controls available on your home broadband and any internet enabled device in your home. You can find out more about how to use parental controls by visiting your broadband provider's website.

7

Direct your child to age appropriate information about relationships and sex: It's natural for young people to start exploring their sexual feelings online and adolescents are more inclined to take risks. It's important to understand this and to talk to your child in a positive way. Thinkuknow, Brook, The Mix and Childline all provide age appropriate information about relationships and sex that you can signpost your child to.

8

Make sure they know about CEOP: Young people can report a concern about grooming or sexual abuse to CEOP at www.ceop.police.uk/safety-centre/ and get support from a specialist Child Protection Advisor.



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Support your child with Thinkuknow websites

The age appropriate Thinkuknow websites are a great way to start and continue chats about online safety.

- ★ **11-13yrs Thinkuknow website:** https://www.thinkuknow.co.uk/11_13/
- ★ **14yrs + Thinkuknow website** – https://www.thinkuknow.co.uk/14_plus/

Our websites provide open and honest guidance for young people on friends, relationships and the internet, covering topics like dealing with pressure; consent; and getting support when you are worried.

You will find lots more advice on keeping your child safe online at www.thinkuknow.co.uk/parents.

If you are worried that a child or young person is at risk of harm online, you should call the police. Young people can make a report to CEOP at <https://www.ceop.police.uk/safety-centre/>



Other Recommended Resources

Parent Info: Expert information for parents about building their child's resilience both online and off. Produced by NCA-CEOP and Parent Zone. This free service can be embedded on to your child's school website. www.parentinfo.org

Brook: Information and advice for young people on sexual health and wellbeing, including staying safe online. <https://www.brook.org.uk>

The Mix: Support service for young people with information and advice on sex and relationships. <https://www.themix.org.uk>

Internet Matters: A useful tool showing how to set parental controls across a range of devices and websites. <http://www.internetmatters.org/parental-controls/interactive-guide/>

NSPCC Net Aware: Provides reviews and guidance on the most popular social networks, apps and games that children use. <https://www.net-aware.org.uk/>

Childnet – Information and advice for parents and carers on supporting people online. <https://www.childnet.com/resources/supporting-young-people-online>

The Childnet International logo is located in the top right corner of the poster, featuring a smiley face icon and the text 'Childnet International'.

Who am I really chatting to online?

I'm so bored. What's it like where you live?

Love the pics you posted

Great game. Same time tomorrow?

Private chat?

I'm 14 next month. How old are you?

Chatting to you is the best part of my day

You are so funny. Wanna meet up?

Can I trust you with something?

You are so right. I hate that stuff too

Are you ignoring me?

If someone you only know online asks you...

- ...to meet up with them
- ...for personal information
- ...for pics or vids...

TELL A TRUSTED ADULT

UK Safer Internet Centre | Co-financed by the European Union Connecting Europe Facility | Childnet International © 2018 | Registered charity no. 1080173 | www.childnet.com

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EduLink

SCHOOL ID
Roding

USERNAME

PASSWORD

REMEMBER ME?

LOG IN

How Can I Access EduLink?

EduLink can be accessed on any device – PC, laptop, tablet or mobile device – via the web browser or via the EduLink app. The link to access the EduLink login page on a web browser is www.edulinkone.com

Alternatively, you can download the EduLink App which is available to download for free on Apple or on Android.



Requires iOS 8.0 or later.
Compatible with iPhone, iPad and

Both the App and the web browser will display this log-in screen.



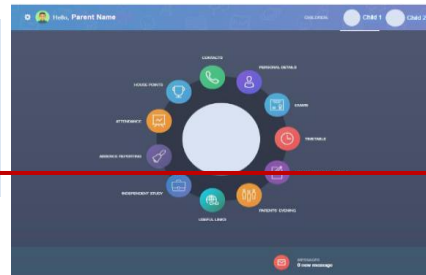
Requires Android 4.4 and up.

The School ID is 'Roding'.

Parents/Carers will need to enter the Username and Password they have been provided with and click 'Log in'.

The displayed is dependant of the platform you are logged in to:

- Via Web Browser →
- Via the EduLink App →



Navigating EduLink

You are able to navigate each of the following areas in EduLink:

- Achievement:** You can view all positive achievements that have been awarded to your child
- Behaviour:** You will be able to see all behaviour points given to your child and any sanctions given to your child including detentions.
- Medical Information:** In this section you can see all of the medical information that we have on file for your child
- Account Information:** In this section you can view the current address we have for your child on file, your child's Year group and the name of their Form tutor
- Timetable:** In this section you can view your child's daily timetable
- Absence Reporting:** This feature will allow you to send a direct message to our Attendance Officer, to notify us of any absence for your child
- Linked Resources:** This section contains links to all the schools learning resources available to your child both at school and at home
- Update Information:** This section shows all of the contact information we hold for yourself and your child. You can review and update this information with any changes that may occur
- Exams:** You can see all of your child upcoming exams; your child can also access this information so they can manage their own exam schedule
- Documents:** In this section you can view your child's reports

Parents can access information on all their children currently admitted to Roding Valley High School. If you require any assistance, please contact Mr Vermaak or Miss Stewart (mvermaak@rodingvalley.net or lstewart@rodingvalley.net)

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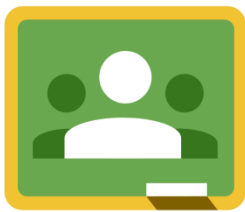
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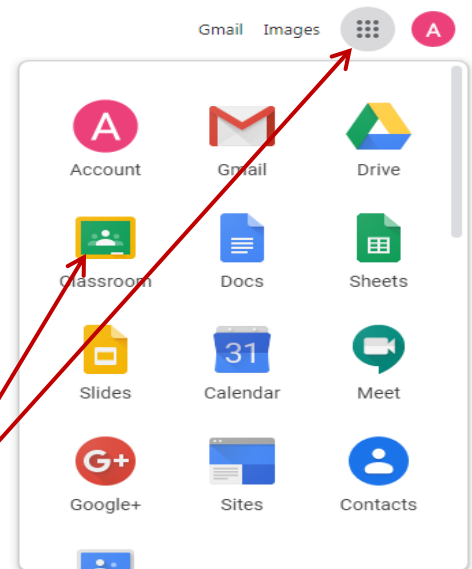
Google Classroom

How to Log on to Google Classroom?

Students can log into their Gmail using their school email address and their password. Their school email will be the year they started at RVHS started plus their first initial and surname @rodingvalley.net (example- 19plarkin@rodingvalley.net).

Once your child has have logged in, they will need to click on the google apps button and then select 'Google Classroom'

Your child will then be able to see all of the classes they belong to. They will then need to click on the class they want to use resources for and take a look at everything that their class teacher has posted for them to work on. They will be able to download items and make comments on them. Teachers will be regularly posting new work on their Google Classrooms.



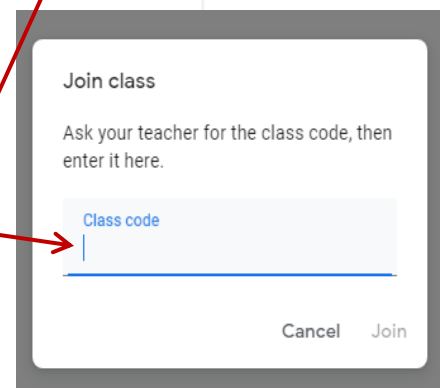
Google Classroom



What to Do if your child is Missing a Subject their Google Classroom?

If your child is missing a Google Classroom for one of their subjects, they will need to click on the addition symbol, followed by 'Join Class' and then enter the Class Code for their missing subject.

Class Codes are available from their subject teacher.



Top Tips for Our Students

- ★ Students must keep up to date with their lessons by using Google Classroom every day.
- ★ Use their workbooks to complete the work shown on their Google Classroom.
- ★ Don't slack on presentation! Keep their notes in order of the lessons on the Google Classroom.
- ★ **Year 11 and 13 Students:** There will be revision materials available on Google Classroom. Please use them.

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DODDLE

What is DODDLE?

Doddle provides students with access to thousands of engaging, formative resources and guides students through the curriculum.

Doddle Progress automatically tracks student attainment in key curriculum skills. Parents can see student attainment and progress through our easy-to-use Doddle Parent feature. Skills within Doddle are rated as **red**, **amber** or **green**. These ratings give a clear indication of how much progress a child has made and highlight the weaker areas to be targeted with revision.

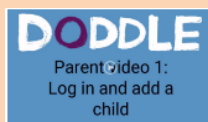


Each student has a personal Doddle account where they can access their homework to-do lists and families can view the work their child has been assigned.

These accounts enable parents to view their child's results and encourage them to better their scores by using Doddle's revision resources.

Support for Parents

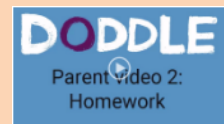
Find out how to create a Doddle Parent account and then link that account to your child with this short video:



We have also included a link to a very useful guide on how to view your child's due and submitted homework:



Find out how to view and track your child's homework with this short video.



Find out how our school uses Doddle Progress by watching our short video to find out how Progress works.



We have also included a link to a very useful guide on how Progress works and how you can use it to help your child's learning.



We have also included a link to a very useful guide on Troubleshooting.



This is a valuable resource that will assist parents in supporting their child's progression. Please use the following link to the log in:



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What is Seneca?

Seneca is a free home learning & revision platform that is very popular with our students. It is based on cognitive science, has adaptive learning and can be accessed by our students via their phones!

What Content is available to our Students through Seneca?

Seneca has resources available for KS3, KS4 and KS5 students that has been supplied to them from AQA, OCR, EdExcel Pearson and IGCSE.

History: Edexcel GCSE Anglo-Saxon & Norman England

- England & The Norman Conquest, 1060-66
- 1.1 Anglo-Saxon Society
 - 1.1.1 The Monarchy & Government
 - 1.1.2 Edward the Confessor (1003-1066)
 - 1.1.3 The Legal System
 - 1.1.4 Local Government
 - 1.1.5 The Economy & Social System
 - 1.1.6 Towns
 - 1.1.7 The Church
 - 1.1.8 End of Topic Test -

Our students will be able to access content designed for each of their subjects and also for their specific courses. There is so much to choose from.

Some areas are even linked to the Exam Boards Course Specifications.

- Applied Science: BTEC Level 3
- Biology: AQA A Level
- Biology: AQA GCSE Foundation
- Biology: AQA GCSE Foundation - Diagnostic Misconceptions
- Biology: AQA GCSE Foundation - Standardised Assessments
- Biology: AQA GCSE Higher
- Biology: AQA GCSE Higher - Diagnostic Misconceptions
- Biology: AQA GCSE Higher - Standardised Assessments
- Biology: CIE A Level
- Biology: CIE iGCSE Higher
- Biology: Edexcel A A Level
- Biology: Edexcel GCSE Foundation
- Biology: Edexcel GCSE Foundation - Diagnostic Misconceptions
- Biology: Edexcel GCSE Foundation - Standardised Assessments

How to Access Seneca?

Students will need to go to <https://www.senecalearning.com/>, click try for free and create a log in with their school email address.

Once Logged in

Once they are logged in, students are able to search for different subject areas and learn about their chosen topic. At the end of each subject presentation there will be a quiz on the presentation

This Online tool will enable our students to stay on top of their home learning.

Bones
There are 4 classifications (types) of bone:

Irregular bones

- The vertebrae are examples of irregular bones.
- They are used for small movements and protection.

Typing speed: x2.5

Long bones are found in the **limbs**. They are used for movement, shape, blood cell production and mineral storage.

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Year Progress Leaders

- ★ Year 7: Mr Ryan - fryan@rodingvalley.net
- ★ Year 8: Miss Fazakerley – ifazakerley@rodingvalley.net
- ★ Year 9: Miss Edwards – cedwards@rodingvalley.net
- ★ Year 10: Mr Dobson – cdobson@rodingvalley.net
- ★ Year 11: Ms Preston– tpreston@rodingvalley.net
- ★ Sixth Form: Miss Wheaton – awheaton@rodingvalley.net

Heads of Faculty

- ★ Creative Arts: Mr Tisdale – dtisdale@rodingvalley.net
- ★ English: Mrs Routledge – lroutledge@rodingvalley.net
- ★ Humanities: Mr Cocker – mcocker@rodingvalley.net
- ★ IT/Business: Mr Hussain – ohussain@rodingvalley.net
- ★ Maths: Mr Edeko – oedeko@rodingvalley.net
- ★ MFL: Mr P Melvin – pmelvin@rodingvalley.net
- ★ Science: Mr Poovillingham - npoovillingham@rodingvalley.net
- ★ Sports & Nutrition: Mr Jones – ljones@rodingvalley.net
- ★ SENDco: Mrs Tarantini-Amor – ltarantini-amor@rodingvalley.net

General Enquiries

- ★ office@rodingvalley.net

Sixth Form Enquiries

- ★ sixthformoffice@rodingvalley.net

Finance

- ★ finance@rodingvalley.net

Safeguarding:

- ★ safeguarding@rodingvalley.net



How to contact any member of staff at Roding Valley High School:
Initial + surname+@rodingvalley.net

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