

# RVHS Information for Parents on...

## Specific Learning Difficulties (SpLD)

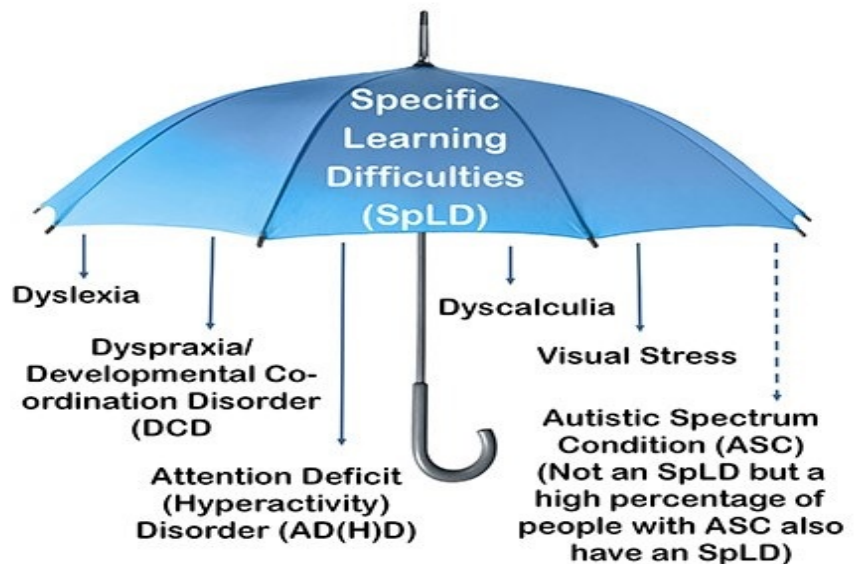
### What is SpLD?

The term 'Specific Learning Difficulty' (SpLD) is a term that refers to a difference or difficulty with particular aspects of learning. It is thought that 6% of the population have some kind of SpLD. They range from moderate to severe.

Everyone has cognitive skills. They are the underlying brain skills that make it possible for us to think, remember and learn. We all have relative strengths and weaknesses in our cognitive skills. However, when an individual has difficulties or weaknesses in just one or two areas, this is called a Specific Learning Difficulty (SpLD).

### What are some common SpLDs?

The most common SpLDs are dyslexia, dyspraxia, attention deficit-hyperactivity disorder, dyscalculia and dysgraphia. An individual may have one of these independently or they can co-exist as part of a wider profile.



### What are the effects of SpLD?

Specific Learning Difficulties (SpLDs) are neurological conditions. They can cause inefficiencies in the areas of processing speed, auditory short term/working memory and visual/auditory perception. As a result, there can be impacts on life skills and academic skills.

### How can you help your child with SpLD?

SpLDs can have an effect on academic achievement. But students can compensate for their SpLDs by being taught strategies, by using other areas of strength or by using technology. Remember that a person with a SpLD may also have many strengths, like creativity and visualisation! There are some useful online resources that can provide more information on SpLD.

**British Dyslexia Association:** Provides information on various SpLD problems.

<https://www.bdadyslexia.org.uk/dyslexia/neurodiversity-and-co-occurring-differences>

**Dyspraxia Foundation:** <https://dyspraxiafoundation.org.uk/>

### YouTube:

Understanding Dyslexia & Other Literacy Difficulties <https://www.youtube.com/watch?v=bf3BmKVkEVU>

**Facebook Group: Codebreakers:** Provides Sen/Spld Support, dyslexia Programme, Tuition & Assessment  
[https://www.facebook.com/CodeBreakers-Dyslexia-Programme-Tuition-Assessment-SenSpld-Support-129021807145510/?\\_tn=%2Cd%2CP-R&eid=ARAQQH4jzDnHjJuH8vHgK9bdm2jUITwHOiY735P5dUz1asT0\\_bQE0F5Epxl\\_7TDjv7XeXeIE7y\\_f5B6](https://www.facebook.com/CodeBreakers-Dyslexia-Programme-Tuition-Assessment-SenSpld-Support-129021807145510/?_tn=%2Cd%2CP-R&eid=ARAQQH4jzDnHjJuH8vHgK9bdm2jUITwHOiY735P5dUz1asT0_bQE0F5Epxl_7TDjv7XeXeIE7y_f5B6)

**Spld Service Malta:** Some interesting videos to show strategies and activities.  
[https://www.facebook.com/search/top/?q=spld%20service&epa=SEARCH\\_BOX](https://www.facebook.com/search/top/?q=spld%20service&epa=SEARCH_BOX)