

Holding screen: Parent Forum

Hello everyone, Thank you for joining our parent forum. This forum is on 'Online Safety and Modern day risks' and will begin at 6.00pm

If you have any questions that are relevant to this forum, that we could answer during this session, then please email your question to parentforum@rodingvalley.net.

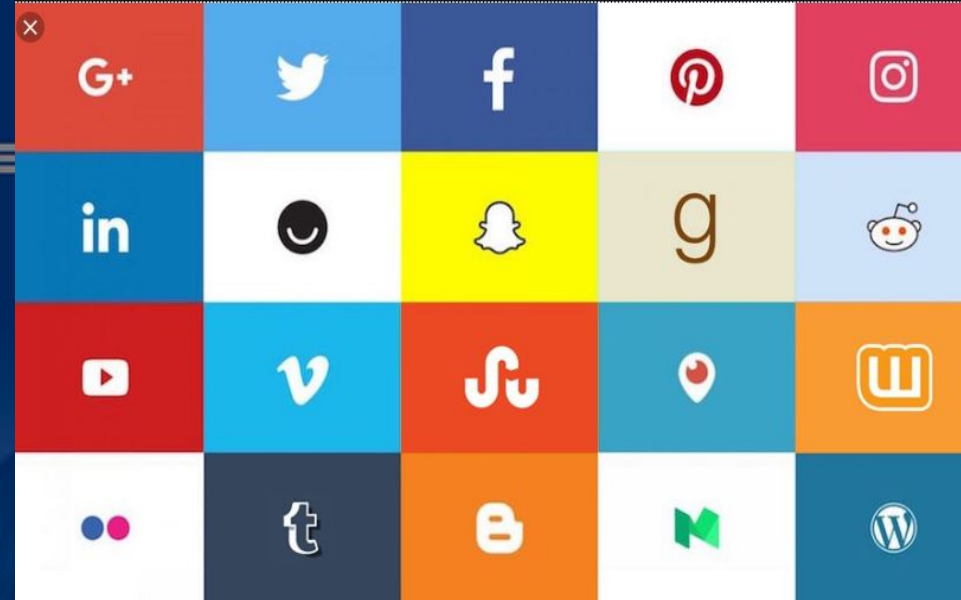
Note: If you have a personal question relating to a specific subject etc, then please do contact the subject lead, subject teacher, or Year Progress Leader.
The parent forum email address will expire after the sessions.



Welcome

Email- parentforum@rodingvalley.net





Modern Day Risks- Online and Social Media

**How many of these Social media apps
do you know....?**



<https://www.youtube.com/watch?v=ZqO8hdCmy88>

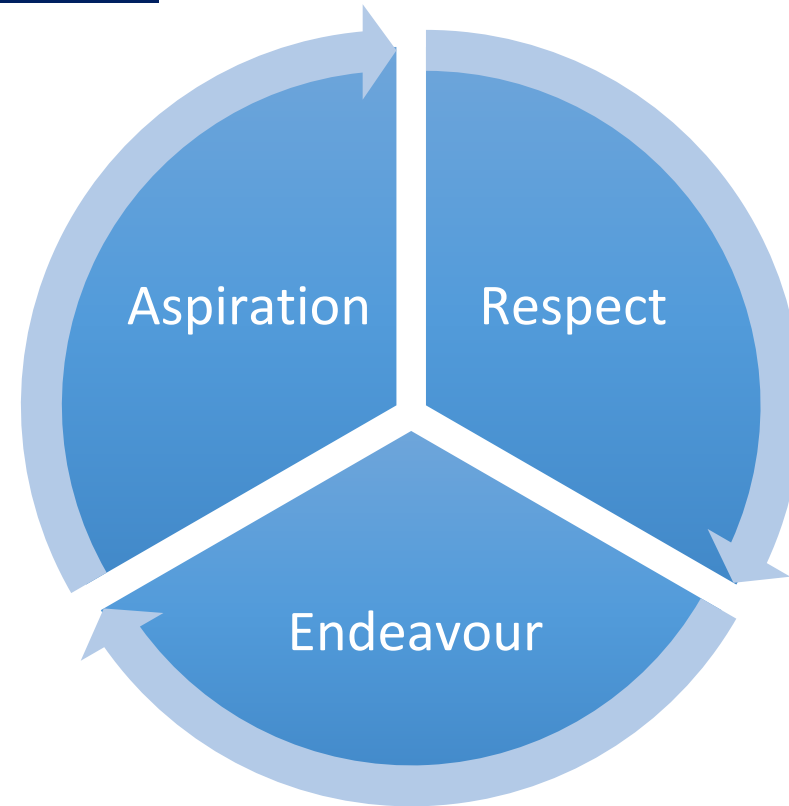
Why is this session SO important?



Vision for the School

To ensure that **every** one of you has every opportunity to be the **very best** that you can be

We **ARE** a great school





Modern Day Risks-Online and Social Media

Session will cover:

- What our British law states
- Variety of Applications that are children might be using
 - YouTube Influencers (who are they influencing?)
 - Gaming
 - WhatsApp groups
 - Views/likes/followers vs privacy and safety
 - Stranger Danger!
 - Policies and laws



British Law:

1. Social media platforms are only for children & **young adults 13 or over.**
2. Children below the age of 13 are technically not meant to be accessing social media- by British Law.

Common sense applies:



1. Most social media apps are not suitable for any children under the age of 16.



Social media, the facts:

Research found that 59 per cent of children have used social media by the age of 10.

71% of all teens are using more than one social networking site.

95 million photos and videos are shared on Instagram daily

14% of head teachers face problems each week caused by hurtful material posted online- the international average is only 2%

27% face problems each week caused by pupils receiving unwanted contact online in the form of cyber bullying. The international average is only 16%





Applications.....

- **Yolo**- A messenger application which is completely anonymous, a platform for bullying. Nothing good can come from this app!
- **Tik Tok**- A meme/short video application. Post videos of singing along to songs. Challenges, can be dangerous!
- **Twitch**- live stream yourself playing games/you can watch others play games. You can interact and comment on other peoples gaming. Stranger Danger!
- **Omegle**- Stay away! A live chat application. You chat to people if you don't want to carry on talking then you click next! This is a hunting ground for predators.





THE SILLY SALMON CHALLENGE!! (craziest moments) 🤔 🤔

Jackson O'Doherty ✓ 58M views • 1 year ago

SILLY SALMON BEST MOMENTS!! Like & subscribe.

Challenge Videos

The more dangerous = More views

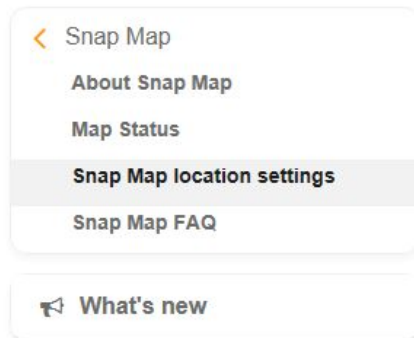
Open profiles = **More views**

58 million views!!!!

<https://m.youtube.com/watch?v=uzam2nRNFWU&t=49s>



Snap Chat



Snap Map location settings

If you and a friend have both added each other on Snapchat, you can choose to share your locations with each other on Snap Map ☐

Your location on Snap Map only updates when you have Snapchat open – your location won't update in the background ☐

Your location on the Map will expire after several hours, or as soon as you go into Ghost Mode 🙈 If you tap on a friend's Bitmoji, it'll show you how long it's been since their location was last updated!

Location sharing options

When you open Snap Map for the first time, you'll get a prompt to choose who you'd like to share your location with. Whatever you choose, you'll be able to update this setting later at any time!

Only Me (Ghost Mode)

Your location won't be visible to anyone else on the Map! When you're in Ghost Mode, your Bitmoji will hold up a blue sign with a 🙈 icon. You can turn Ghost Mode on and off or set a timer if you only want to lie low for a little while.

My Friends

Your location will be shared with all of your friends, including friends you add in the future! This option doesn't include people who've added you as a friend, but who you haven't added back. If you choose this option, we'll check in from time to time to make sure you still want to share your location with all of your friends.

My Friends, Except ...

Your location will be shared with all of your friends, except the friends on this list 🙈

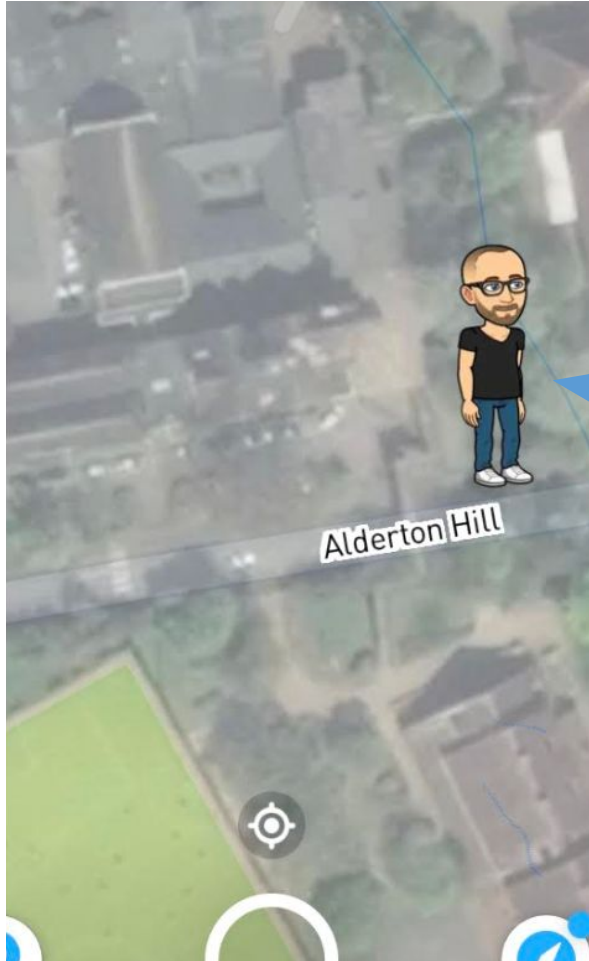
Location Settings

Turn off!

Ghost mode

Essential that our students know that when we take a snap that it does not disappear after 6 seconds!

It will be out there for life!



Very accurate!!

Sat in my office!



Omegle

Omegle is a free online chat website that allows users to socialise with others without the need to register. The service randomly pairs users in one-on-one chat sessions where they chat anonymously using the names "You" and "Stranger" or "Stranger 1" and "Stranger 2" in the case of Spy mode."

This basically means that this website could be accessed by anyone with any intention without personal information needing to be handed over. The website is not based in the UK, meaning that any young person who logs on are likely to be talking to people from all over the world.

'Talk to strangers!'

6 DANGEROUS APPS FOR KIDS

FACTS FOR PARENTS



Omegle

Anonymous Chat Room
where strangers meet and
often ask for and share
personal information.



Kik Messenger

Often used instead of texting
Easy to connect with
strangers
Features videos, bots &
sketch



House Party

Video Focused
Live video & Texts
Possible inappropriate content
Pictures & screenshots being
shared around



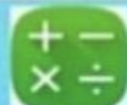
Yolo

An add on to Snapchat used
to ask for anonymous
feedback
Keeps a record of the
questions and answers



Whisper

Social App where users post
'whatever is on their mind'
along with images.
Contains a high level of sexual
images and language



Calculator Apps

The app that is designed to
looks like an innocent
calculator, secretly stores
images and videos that can
only be accessed with a code.

Applications to look out for.....

- Please note that children can easily delete apps and then re-download them at any time.
- Children can also hide apps and pictures in apps like the calculator app.
- Educating children on safe use is essential!



WhatsApp groups- School recommendations

- **Small groups**
- Close friends, sports team, drama/music friends
- Exit any groups that are surplus to requirement! (you will be amazed!)
- As soon as there is inappropriate behaviour/things being posted. Report it and exit the group!
- Parent WhatsApp groups!





Top YouTube Influencers

- Ninja (gamer)
- PewDiePie (gamer)
- Myth (gamer)
- Side men/KSI (challenges)
- Jake Paul
- Saffron Barker
- Logan Paul (suicide forest)
- Funk Bro's
- Joe Sugg
- Chelsea Clarke (beauty)



All these influencers have a **huge impact** on our children.

A new game came out.

Company paid Ninja **\$1million** to play it solidly for a week!

The next week the company made over **\$200 million** in profits from that game!





Ask your children who their favourite YouTube Influencers are?

- Research them!
- What do they do?
- What are the highest viewed videos?
- Are they role models for our children?
- Logan Paul (Suicide forest)



Multi player gaming!

Fortnite/Call Of Duty for example

Only fun if you play **Multiplayer**

You can only play multiplayer if the people you are playing with are on your friend list

These **(strangers)** should be deleted after the game has finished!

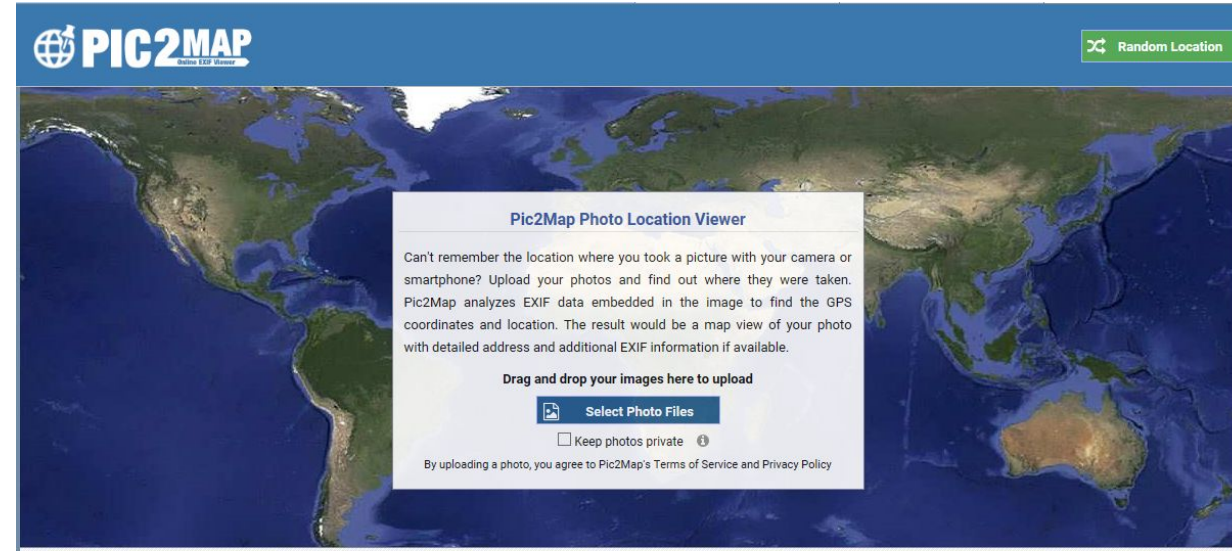
Check **Friend list**, are they friends?

Are your children playing **late at night**?





Modern day camera:



Upload a photo (that might have been sent)

www.pic2map.com

Tells you the location of where the photo was taken!



'I am doing the right things at home'

- Keeping phones away at night time
- Turning internet off after a certain time
- Keeping children off apps and games



Most of our children are experts when it comes to computers/phones/internet/applications

They will normally **find ways around our rules** and systems

They need to know the dangers and why we have these rules and systems

Stranger danger!



The online world is the real world.....

- 'You never arrange to meet anyone you've met online'
- 'Never tell them your address'

A recent study found that.....

32% of relationships started between 2015 and 2019 **started online** compared to only 19% between 2005 and 2014.

Educating our young people on the dangers and the steps that must be taken is essential



Lots of useful links in the Wellbeing and Keeping Children Safe areas on our school website: <https://rodingvalley.net/info-faqs/keeping-children-safe/>

Roding Valley High School
HIGH SCHOOL

Home About High School Sixth Form **Info & FAQs** Admissions News

Roding Valley High School
Designated Safeguarding Lead

We are Roding Valley High School's team of Designated Safeguarding Leads. We are here to help keep you safe.

SAFEGUARDING EVERYBODY EVERYDAY
If you're concerned speak to one of the Designated Safeguarding Team straight away

Miss Dyer — Deputy Headteacher
Designated Safeguarding Lead
sdyer@rodingvalley.net

Mr Price — Assistant Headteacher
Designated Safeguarding Deputy
tprice@rodingvalley.net

Mrs Low — Attendance & Welfare Manager
Designated Safeguarding Deputy
jlw@rodingvalley.net

Mrs King — PAL Coordinator
Designated Safeguarding Deputy
sking@rodingvalley.net

- **Thinkyouknow** (advice from the National Crime Agency to stay safe online)
Advice and help on child safety for parents
- **Get Safe Online**
Advice and help about online safety
- **NSPCC**
Advice, guidance and support
- **Educate Against Hate**
Practical advice for parents, carers, and staff on protecting young people from extremism and radicalism
- **Childline**
What to do if you are bullied online
- **Internet matters**
Support for parents and carers to keep their children safe online
- **Parent info**
Support for parents and carers to keep their children safe online
- **LGfL**
Support for parents and carers to keep their children safe online
- **Net-aware**
Support for parents and careers from the NSPCC

- **childline.org.uk**
0800 1111 (free 24hr) confidential listening
- **samaritans.org**
116 123 (free 24hr) confidential listening
- **youngminds.org.uk**
Mental health information and guidance
- **youthaccess.org.uk**
Young people's information, advice and counselling
- **themix.org.uk**
Essential support for under 25s
- **cwmt.org.uk**
Charlie Waller Memorial Trust
- **Chris Packham 'Aspergers and Me'**
Looks at the challenges Chris faced
- **NHS Mental Health**
<https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/>
- **NHS Every Mind Matters**
<https://www.nhs.uk/oneyou/every-mind-matters/>
- **Your Mind Plan**
[Your Mind Plan](#)
- **Public Health England**
What to do about worry (aimed at Year 6 pupils)
School Zone
Transition to secondary school resource (aimed at Year 7 pupils)
- **Place 2 Be**
<https://www.place2be.org.uk/our-services/services-for-schools/mental-health-champions-foundation-programme/>
- **PSHE Association**
<https://www.pshe-association.org.uk/content/guidance-and-lessons-teaching-about-mental-health>
- **MIND West Essex**
<https://mindinwestessex.mindlms.org.uk/>
- **Young Minds**
<https://youngminds.org.uk/resources/school-resources/>
- **Anna Freud – Mentally Healthy Schools**
<https://www.mentallyhealthyschools.org.uk/resources/>



RVHS Policies and rules based around social media and phones

- Age restrictions- **we support this guidance.**
- Using phones in schools- **NOT ALLOWED.**
- Dealing with social media and cyber bullying in schools- affects education.

Children are bound to spend lots more time on devices during school closure. **DON'T FEEL BAD ABOUT IT** – lots will be schoolwork or catching up with friends. But there are ways to keep them safe, healthy and happy.

Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or Skyping Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? **Internet Matters** has hundreds of guides to parental controls.



Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced – they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** or **NSPCC's NetAware**. And why not download the **BBC Own It** app?



Don't try to hide the news about coronavirus

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel – there is guidance from **Childline** to help you.



Remind them of key online safety principles

There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**

If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at reporting.lgfl.net, including ones to tell your kids about (they might not want to talk to you in the first instance).



Remind them of key online safety principles



There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**



It's not all doom and gloom!

- The internet and social media are amazing!
- Our children have access to so much and have another way of interacting with friends (unfortunately it is sometimes the only way!)
- It just needs to be managed.
- An **open and honest** approach is best.
- Ask questions to help us learn!