

Aspiration  
Respect  
Endeavour

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Chief Executive Officer: Mr P Banks



Roding Valley  
HIGH SCHOOL

1<sup>st</sup> October 2020

Dear Parent/Carer

### **RE: PE Uniform Expectations**

As you will be aware from our previous communications, students have been given permission to wear their PE kit on the days that they have PE lessons. We took this decision following government guidelines about the use of changing areas and indoor spaces. As I am sure you understand it remains incredibly important to us that students uphold our high expectations for uniform and therefore it is just as important that they are wearing perfect PE kit, as if it is their perfect school uniform. Their blazer should be worn at all times - with PE kit and with full school uniform. With the nature of physical activity there are a number of health and safety considerations. In order to minimise these risks, the school asks that you help support us in ensuring that your son/daughter is fully equipped with the correct kit for all of their PE lessons.

We are privileged to have such excellent sports facilities available to us, which include two new 3G pitches. To ensure their longevity and to maintain their quality, it is vital that students wear the correct footwear as detailed below.

If any parent/carers is suffering financial hardship, then please contact the school directly. We will always seek to support any child in a discreet manner

PE Uniform Expectations are listed below; alternatives to this are **not** permitted.

#### **PE Uniform expectations - All items of clothing should be marked with the owner's name.**

<b>Boys</b>	Navy and Silver Rugby Shirt Navy and Silver T-Shirt Navy and Silver shorts Navy RVHS jumper (optional) Navy RVHS bottoms (optional) Round Moulded Stud football boots, training shoes suitable for Astro Turf Shin Pads Gum Shield Socks for Indoor (White) and Rugby Socks (Blue)
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<b>Girls</b>	Navy and Silver T-shirt Navy and Silver Skort or Shorts Navy RVHS Jumper Navy Socks with two white rings around the top and White Socks for Indoors Round Moulded Stud football boots, training shoes suitable for Astro Turf Shin Pads Gum Shield Optional items: RVHS Leggings or Navy RVHS Tracksuit Bottoms
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You can buy the PE kit directly from:

**Forest Casual and School Wear**

144 High Road,  
 Loughton,  
 IG10 4BE  
 Tel: 0208 508 2848

Many students choose to have their names embroidered on their kit, which we encourage. We would however ask you to remind your son/daughter to ensure that their name is covered by their blazer on their journey to and from school in the interest of keeping them safe.

As the Government guidance to physical activity in schools recommends “Outdoor sports should be prioritised where possible” we have now added a new item to our PE list. This will be the showerproof jacket.

Following this advice, the majority of PE lessons will take place outside, therefore, please ensure that your child comes dressed in the appropriate wet weather PE kit. It is advisable that your son/daughter brings a spare PE kit and footwear in case of inclement weather.

**Lack of PE Kit:**

If for any reason a student is unable to take part in the lesson then the following must happen; Parents/carers should provide a signed and dated note explaining the reason and the estimated duration of withdrawal from PE

Students still need to bring PE kit to every lesson, even if they are not taking part (unless exceptional circumstances and agreed with PE member of staff)

Please refer to our **Student Behaviour Policy** regarding the student sanctions for incorrect / insufficient PE kit.



Yours faithfully



Mr. L Jones  
Head of Sport & Nutrition Faculty



Mr C Allen  
Head of PE

